
Wilderness First Aid Basics

NOVEMBER 22 – 23, 2008 AT LOST PINES SCOUT RESERVATION (LPSR)

Wilderness First Aid Basics is an American Red Cross (ARC) course for people in backcountry and similar situations where professional emergency care is over 30 minutes away. The course combines classroom lecture, skills practice, and realistic scenarios to teach assessment, basic and advanced first aid techniques, extended care, transports and evacuations. As a pre-requisite, participants should have current First Aid and CPR skills equivalent to what is taught in the ARC Standard First Aid and CPR course. A minimum age of 15 is recommended due to the serious nature of the course and scenarios, however, mature youth are strongly encouraged to attend.

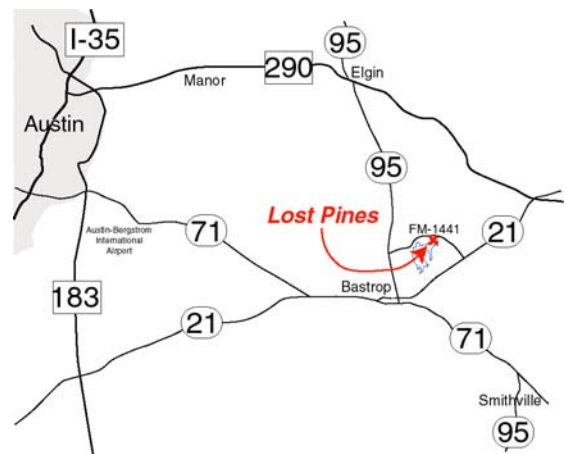
SCHEDULE: Course check-in starts at 8am, Saturday morning in the LPSR Dining Hall (from camp entrance, proceed straight on the main road to the end.) You may wish to arrive earlier on Saturday so as to have time to set up camp. Class begins promptly at 9am and will run quite late Saturday night (usually until around 10pm). Sunday will begin with a brief interfaith service and will conclude no later than 5pm Sunday afternoon.

MEALS: Saturday lunch and dinner, as well as Sunday breakfast and lunch will be provided. Snacks and refreshments will be available during the day both days.

REGISTRATION: The registration form on the reverse and your fee of \$90 must both be received at Council office in order to secure a place on the roster. The class roster is filled on a first come, first served basis. Previous classes have filled months in advance, so please register early to avoid disappointment! No registrations will be accepted after 5:00 pm on November 7. The council refund policy applies, with this exception: No refunds available two weeks prior to course start. If you are unable to attend, you may fill your slot with someone from your unit.

COMPLETION: Those who successfully complete this class (including passing a written test) will receive the ARC "Wilderness First Aid Basics" card which is valid for three years. This card satisfies the Philmont Wilderness First Aid requirement.

LOCATION: To reach Lost Pines from Austin, head east on highway 290. In Elgin, turn south on highway 95, and go 12.8 miles to the junction with FM 1441, where you'll see a green sign "LCRA Lost Pines Scout Res." pointing to the left. Turn left onto 1441. Go 3.4 miles down 1441 and you'll see a brown sign that says "LCRA Lost Pines Scout Res" pointing to the right. Turn right into that entrance.



Or, if you are coming from the south, take Highway 71 to Bastrop, turn north on highway 95 in Bastrop, and go 3.8 miles to the junction with FM 1441, where you'll see a green sign "LCRA Lost Pines Scout Res." pointing to the right. Turn right onto 1441. Go 3.4 miles down 1441 and you'll see a brown sign that says "LCRA Lost Pines Scout Res" pointing to the right. Turn right into that entrance.

WHAT TO BRING: Bring whatever personal camping gear you will want for Saturday night, including tent, sleeping bag, and ground pad as needed. Bring season and weather appropriate clothing for work outside (including rain gear!) as we will be outdoors for a significant amount of the class. Bring water bottles or a hydration system and a pencil and notepad. Class A uniforms are encouraged (especially for the Sunday interfaith service) but are not required. Scenarios on Sunday afternoon will require working on the ground, so plan to wear something that can get dirty!

ATTENDING AS A UNIT: We welcome multiple participants from the same unit; many units find it especially effective to bring older youth along with adult leaders. Units bringing youth are responsible for their own two-deep leadership at night and for providing at least one adult leader during classes – if needed our instructors can serve as your second adult during class sessions. Please bring current BSA medical forms for any youths attending.

CONTACT: For additional information, contact Martin Payne at mpayne@bsamail.org 512-617-8616

WILDERNESS FIRST AID BASICS REGISTRATION - FALL 2008

Registrations with payment should be mailed or brought to:
Capitol Area Council, Boy Scouts of America
7540 Ed Bluestein Blvd.
Austin, Texas 78723
(512) 926-6363.

Name: _____

Address: _____

City: _____ Zip: _____

Day Phone: _____ E-mail: _____

Unit Type (circle one): Pack Troop Team Crew Ship Unit Number: _____

District: _____

Special Needs (including allergies): _____

Special Dietary Needs: _____

Course Fee is \$90.00 per participant, which includes meals, books and all course materials. For cancellations within two weeks of course start, no refund. Otherwise, Council refund policy applies. You may fax this form to 512-926-6870 with credit card information.

Form of Payment: Cash Check Credit Card

Credit Card Type: (circle one) Visa MasterCard American Express

Credit Card Number: _____ Expiration Date: _____